

The fictional hero

The Hero of your story can be a person from your everyday life or a supernatural creature with superpowers and fantastic missions to perform.

What is their daily life like, what are their habits, what gives them joy, what scares them? What are their strengths and what are their weaknesses? What is their mission?

Topics for discussion with children

- Who's your favorite superhero?
- What superpowers would you like to have?
- If you were a superhero, what color would your costume be?
- Name the superheroes you know.
- If you were a superhero, who would you want to help?
- Name an accessory that your superhero uses.
- What would be the name of your superhero?

Creating a project

Once you have discussed the hero theme with the children and each of them has decided which hero he or she wants to portray, it's time to decide which materials you are going to use.



Materials

- Clay
- Craft paper
- Colored paper
- Markers
- Tempera
- Pictures from magazines and anything else you can think of!

The kids, depending on their skills, can draw the hero or choose something abstract. It's the process that matters, not the result.

Children with limited motor skills can use tempera or watercolors and large brushes or even sponges, if pencils, crayons or markers pose difficulties.

Remember that painting or collage projects are usually more fun and expressive.

Finally, don't forget to encourage the children to develop the hero's identity, including things like their name, what makes them happy, what their favorite food is, what their superpowers and weaknesses are.

Present your work to the rest of the group:

It is now time for each child to introduce their hero to the group. Through the presentation, the child gains confidence and has the opportunity to share their thoughts, feel joy for their creation and finally share their experience with the group.

A. Artistic Activities

Hero stories on paper

Print out the pictures of heroes and show them to the children.

You can tell them stories from their lives, tell them about their heroic deeds, their character and anything else you think is necessary.

Next, ask the children to cut out the outlines of the heroes from the works and/or provide assistance to any children who may find it challenging. Once the heroes are cut out, place the figures on a table. Distribute pieces of paper or soft A3 craft paper to the children and encourage them to create stories about the heroes by sticking more than one figure on the paper.

Heroes-dolls

Print out the pictures of heroes, help the children cut out the outline and glue them on a piece of cardboard. Decorate the hero with whatever materials you have on hand. Attach a stick or straw to the back and... the figure/doll is ready!

Ask the children to bring their heroes to life:

How does my hero walk? Do they fly? If they had a voice, what would they say? What would they ask for?

Encourage children to create their own heroes using various materials such as clay, play-doh, feathers, buttons, pipe cleaners, different types of paper, etc.