

# Make your own food dishes!

## What is your favourite food?

Use paint and colored papers to make fruits, vegetables, sweets and other food items. Create your own favourite dish by painting or using the collage technique!!



## Materials

- Paper or thin cardboard sheets, white or colored
- Paint, markers, colored pencils, tempera paint and oil pastels
- Scissors
- Glue

## Instructions

Draw a plate on a piece of paper or cardboard sheet. You can then cut it out and decorate it by painting it or using the collage technique.